



PHYSIOLATES LIVE STREAM SCHEDULE



MON	TUE	WED	THU	FRI	SAT	SUN
10:00am PHYSIOLATES			10:00am PHYSIOLATES	7:00am PHYSIOLATES	10:00am PHYSIOLATES	
5:00pm PHYSIOLATES	5:00pm PHYSIOLATES					

Schedule subject to change without notice,
please visit tribalance.com.au or the *MindBody app* for most current schedule.