



TRIBALANCE 4 WEEK BEGINNER COURSE



| MON | TUE | WED | THU | FRI | SAT | SUN |
|--|-----|--|-----|--|---|--|
| | | 6:00am YOGA <i>Beginner</i> | | | 11:30am YOGA <i>Beginner</i> | 9.30am YOGA <i>Beginner</i> |
| | | | | 5:00pm YOGA <i>Deep Stretch</i> | | |
| 7:30pm YOGA <i>Beginner</i> | | | | | | |

Please visit tribalance.com.au to sign in to classes.