



TRIBALANCE CLINICAL PILATES SCHEDULE



MON	TUE	WED	THU	FRI	SAT	SUN
10:00am PHYSIOLATES			10:00am PHYSIOLATES		10:00am PHYSIOLATES	
	4:00pm PHYSIOLATES					
5:00pm PHYSIOLATES						

Schedule subject to change without notice,
please visit tribalance.com.au or the *MindBody app* for most current schedule.